

OPENING INSIDE JUNE 21, 2020 !

9:30AM WORSHIP SERVICE IN *FELLOWSHIP HALL*
ATTENDEES MUST BRING AND WEAR YOUR OWN MASKS



St. Paul's United Methodist Church
205 Maryland Ave.
Cambridge, Maryland
Invite a friend – Let's come together!

YOU MAY BRING YOUR OWN HAND SANITIZER, AND SOME WILL BE PROVIDED AS WELL

ENTRANCE & EXIT FOR THE WORSHIP SERVICE WILL BE THROUGH THE FELLOWSHIP HALL DOOR AT THE PARKING LOT.

Upon entering, please stay 6 feet apart. You will sign in, use hand sanitizer and ushers will help to seat you. All attendees will be placed 6 feet apart to adhere to the CDC Guidelines. Family household groups may sit together. Attending children should stay with their families. There will be no children's service or nursery at this time.

Bathrooms will be available for EMERGENCIES ONLY. (Must be cleaned after each use.)

PLEASE REMAIN HOME IF YOU ARE NOT COMFORTABLE BEING IN A GROUP SETTING.

We will still be on Facebook Live. We will do everything in our power to keep the building safe and sanitized.

2020 COMMITTEE & CONTACT INFORMATION

Pastor: Rev. Bonnie Shively (pastor@stpaulscambridge.com)
Administrative Council Chairperson: Anne Murphy (awmurphy78@yahoo.com)
Board of Trustees Chairperson: Michelle Gregori (trustee@stpaulscambridge.com)
Finance Committee Chairperson: Fred Redmer (treasurer@stpaulscambridge.com)
Communications Team: communications@stpaulscambridge.com
Staff/Pastor-Parish Relations Committee Chairperson: Betsy Malkus
(betsy_malkus@yahoo.com)
Outreach Ministries: info@stpaulscambridge.com
Memorial Fund Chairperson - Scott Daniels (443-521-4577)
Membership Chairpersons: Toni Insley (info@stpaulscambridge.com)
Health Ministries Chairperson: Dot Bradshaw (443-225-5394)
United Methodist Men President: Don Kinnamon (410-463-1193)

Church Office Hours: Monday – Friday, 10 am – 2 pm

Pastor's Office Hours: Monday & Thursday – Other times by appointment

St. Paul's Newsletter

Sunday, June 14, 2020

Guided by God's love, our purpose is to make disciples of Jesus Christ through the Nurture, Outreach and Witness ministries, and to obey the commands of God.

If you have an e-mail address and would like to receive our newsletter electronically, please let us know at info@stpaulscambridge.com



Prayer List

Family of Phyllis North	Rita & Joe Harkins	Robert Baur	Unsaved loved ones
Bob & Betty Lloyd	Billy Wright	Beth Hurley	Our Schools
Robert Hodge	Charlotte Willey	David Thomas, Sr.	Our Service Workers
Bryan & Leslie Moore	Pat Aaron	Verla Bowser	Those needy
Lucy Willey	Jesse Hurley	Nancy Kreek	Our pastors
	Phillip Rogers	Marilyn Carr	Our church
	Ron Potter	Families	

If anyone would like a visit from clergy, please contact the church office.



Greetings Grace & St. Paul's UMC!

I am excited to soon be serving as your new pastor and becoming an active citizen of Cambridge. I know this time of change brings with it a certain level of concern and uncertainty, so please allow this letter to serve as a brief introduction to who I am and what you can expect.

I am an Eastern Shore native and was born and raised in Snow Hill, Maryland. I graduated Snow Hill High in '85 and went on to earn a Bachelor's degree in Business Administration from Frostburg State University. My work experience has been colorful – many years of strategy, planning and marketing in corporate, nonprofit and healthcare environments. I also owned and operated a restaurant in Kent Island – which pretty much drove me to the cross (a story for another time). The Lord called me into pastoral ministry back in 2009 and my first appointment was Royal Oak Community UMC in Talbot County. I earned my Master's in Divinity from Asbury Theological Seminary in Wilmore, Kentucky in May 2016. My most recent church appointment was Centreville UMC. I serve as a Provisional Elder in the Peninsula-Delaware Conference.

I have been happily married to Krista Pettit for 22 years and we have two children: Rachel and John. Rachel will be entering her senior year at St. Mary's College of Maryland this fall and John will graduate high school in a matter of days and has enlisted in the United States Marine Corps - he will be shipping off to bootcamp later this summer. Krista is the Executive Director of Haven Ministries in Queen Anne's County (havenministries.org) – an organization that provides help to those in need in the form of shelter, food, clothing, and support.

I desire to lead us in fulfilling the mission that Christ gave us, “...Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.” (Matt. 28:19-20). We make disciples when we follow God’s instruction for our lives, which is to love the Lord “with all our heart, soul and mind” and “love our neighbors as ourselves.” (Matt. 22:37-39). That is relational living and it is hard work – but it is the work the good Lord has entrusted us to do and He is with us every step of the way.

Lastly, there is a particular word from the Lord found over and over again in the Bible. “Do not fear.” These are interesting times, to say the least, but I am confident that we have great opportunities before us to be the hands and feet of Christ in Cambridge. I believe God is shaking things up a bit, grabbing our attention, calling us to repent and obediently follow Him. He loves us and wants us to share that love with others. My wife and I can’t wait to work alongside you to share the Good News!

Blessings,
Pastor Chris Pettit

Pastor Chris will grace our pulpit beginning July 5th!!

Food Pantry Update

**Just a reminder we will be holding a food distribution
drive-thru event on**

Saturday, June 13 in the St. Paul’s parking lot.

We can use your help, even if your time is limited!

The truck is scheduled to arrive at 7:30;

it would be great if we could start set at 7:00 am.

Registration will start at 7:00 at Sailwinds on Hayward!

Thank you for all your help!

Any questions e-mail me or give me a call @ 410-490-8184

Remember masks, keep clean hands, and social distancing!

Please pass this message along if I missed anyone.

Terry Martin

Cambridge Area Ministries (CAM) is hosting and inviting everyone to join the Body of Christ in a weekly “Intercessory Prayer Tsunami” against the Covid-19 virus and its impact on our health, government, church and economy.



Prayer-----Tsunami

James 5:16 (NIV)

¹⁶ Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

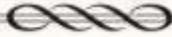
Method: By way of a Telephone Conference Call

Dial in number: (701) 802-5395 Access Code: 422822

Day: Fridays

Time: 6:45 PM

Host Churches: St Paul, St Luke, Zion, Grace and Waugh Chapel United Methodist Churches



Health Ministry News

18 Ways To Fight Coronavirus and Flu

1. Wash hands vigorously and frequently for 20 seconds.
2. Keep space between you and other people.
3. Keep your hands away from your face.
4. Regularly sanitize counter tops, door knobs, steering wheels, frequently touched areas.
5. Stay hydrated—1/2 ounce of water per pound of body weight daily.
6. Eat lots of fruits, vegetables, grains.
7. Avoid sugars—they weaken the immune system. Use raw honey as sweetener.
8. Avoid germ-killing soaps. They fuel growth of antibiotic-resistant bugs, may set you up for secondary infection.
9. Manage stress—lowers immunity. Use music, meditation, deep-breathing, relaxation techniques
10. Cut back or avoid alcohol—weakens immune response.
11. Keep a solid sleep schedule—7-8 hours a night.
12. Exercise 30 minutes 5 days a week.
13. Get a few minutes of sunlight on your skin every day.
14. Take Vitamin D3—1000-2000 I.U. daily documented by research to strengthen immunity. Other supplements that may help: B-Complex, Vitamin C, zinc, fish oil, probiotics.
15. Get an annual flu shot.
16. Be positive. Cultivate positive relationships. Negative emotions compromise immune system.
17. Stay strong in your faith system. Documented by research to strengthen immunity.
18. Stay home if you're sick. Take care of yourself and spare others.

St. Paul's UMC would like to
WISH HERMAN STEVENS A HAPPY 100TH BIRTHDAY!

Have a safe and blessed week!