

INSIDE WORSHIP AUGUST 30, 2020!

9:15AM WORSHIP SERVICE IN SANCTUARY

ATTENDEES MUST BRING AND WEAR YOUR OWN MASKS



St. Paul's United Methodist Church
205 Maryland Ave.
Cambridge, Maryland

Invite a friend – Let's come together!

St. Paul's Newsletter

Sunday, August 30, 2020

Guided by God's love, our purpose is to make disciples of Jesus Christ through the Nurture, Outreach and Witness ministries, and to obey the commands of God.

If you have an e-mail address and would like to receive our newsletter electronically, please let us know at info@stpaulscambridge.com

2020 COMMITTEE & CONTACT INFORMATION

Pastor: Rev. Chris Pettit (pastor@stpaulscambridge.com)
Administrative Council Chairperson: Anne Murphy (awmurphy78@yahoo.com)
Board of Trustees Chairperson: Michelle Gregori (trustee@stpaulscambridge.com)
Finance Committee Chairperson: Fred Redmer (treasurer@stpaulscambridge.com)
Communications Team: communications@stpaulscambridge.com
Staff/Pastor-Parish Relations Committee Chairperson: Betsy Malkus
(betsy_malkus@yahoo.com)
Outreach Ministries: info@stpaulscambridge.com
Memorial Fund Chairperson - Scott Daniels (443-521-4577)
Membership Chairpersons: Toni Insley (info@stpaulscambridge.com)
Health Ministries Chairperson: Dot Bradshaw (443-225-5394)
United Methodist Men President: Don Kinnamon (410-463-1193)

Church Office Hours: Monday – Friday, 10 am – 2 pm
Pastor’s Office Hours: Monday & Thursday – Other times by appointment

****There is no house phone at the parsonage. To contact Pastor Chris, call 410-739-4364****



Prayer List

Leslie Moore	Rita & Joe Harkins	Beth Hurley	Workers
Linda Andrews	Billy Wright	David Thomas, Sr.	Our Schools
Becky Tall	Charlotte Willey	Verla Bowser	Those needy
Jane Robinson	Pat Aaron	Nancy Kreek	Our pastors
Cliff Pritchett	Jesse Hurley	Marilyn Carr	Our church
Bob & Betty Lloyd	Phillip Rogers	Families	
Robert Hodge	Ron Potter	Unsaved loved ones	
Lucy Willey	Robert Baur	Our Service	

If anyone would like a visit from clergy, please contact the church office.

Discerning the Vision

By Pastor Chris

The way I see it, there are two populations in Cambridge – the “churched” and the “unchurched”. The “churched” are those of us who grew up in the church. Some have attended church their whole lives; others may have left for awhile but have returned. If you are the “churched”, you know the pattern of worship, you know the Lord’s Prayer by heart, you are at least familiar with biblical concepts and teachings. Sure, there are some newcomers to the “churched” folks, but for the most part, the “churched” have always had a Judeo-Christian foundation.

Then there are the “unchurched” – which make up a growing portion of our local population. They would likely never think about stepping foot into our building– unless attending a wedding or funeral. They did not go to Sunday School and they do not speak the Christian vocabulary. It’s not that they don’t consider themselves spiritual, many in fact do, but they are not interested in “organized religion” and typically view the Church as judgmental. Yet many admire the life and teachings of Jesus (at least what they have heard of him).

Two different populations requiring two different strategies if we are to witness effectively and live out our mission. The “churched” need to have discipleship programs, Bible studies, outreach opportunities, and to be part of a tight-knit family that love one another. The “unchurched” need a whole different approach than what we are accustomed to offering. I believe we need to spend some time fleshing this one out – but I know God has gifted us with enough creative, experimental types to give it a go. And we don’t have to start from scratch! There are resources like freshexpressionsus.org that have some really good, proven ideas.

It will take all of us working together, empowered by the Holy Spirit, to turn things around. I was pleased at a recent joint Administrative Board meeting between both St. Paul’s and Grace, that there is a willingness to explore new ideas – new ways of working together to reach out into the community. We primarily focused on our online presence and youth ministries – areas where cooperation should further our reach and strengthen our witness.

This has been an extremely challenging year for everyone – in our world and in our churches. The Psalmist says, “weeping may stay for the night, but rejoicing comes in the morning.” In the midst of these challenges, it is important that we see the opportunities that God is opening up for us now to bring hope to a battered world. Until the King returns, we have work to do! May He find us to be faithful servants.

Prayer Walk & 40 Day Journey of Transformation

Starting this September, Grace and St. Paul's UMC will embark on a journey of transformation as we seek to draw near to our Lord and to pray for discernment and new opportunities to reach our neighbors with the love of Christ.

We will start off with a 'Sanctuary to Sanctuary Prayer Walk' on Sunday, September 13th. The prayer walk will begin in the Grace UMC's sanctuary at **12:15pm** where we will gather and pray. Around **12:30**, *those who are able* will depart Grace and begin the Prayer Walk to St. Paul's Sanctuary. As they walk, they will pray for our neighbors and the spiritual awakening of Cambridge. Around **12:45**, all are invited to gather at St. Paul's Sanctuary where we will spend time in praying as a body. All are invited to take part in this time of prayer in person or from home.

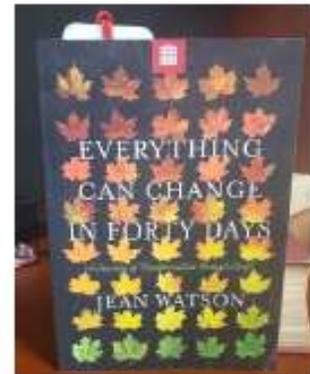
On **Monday, September 14th**, all who are interested will participate in a daily reading and reflection using the book "Everything Can Change in Forty Days" by Jean Watson.

Once a week, participants will be invited to meet virtually (via a ZOOM call) to discuss the week's readings and where they see God at work. This call will be offered both in the day and in the evening (details will be forthcoming).

On **Sunday, October 25th**, Jean Watson will speak and perform at St. Paul's and Grace as we celebrate in worship the God who transforms us into the likeness of Christ.

Jean's bio:

Jean Watson is an internationally acclaimed singer/songwriter, violinist, author, and speaker. During a time of great brokenness in her life, her landlord happened to hear her sing and donated the money to record her first CD. Since that time, Jean has had the privilege of sharing her music and story around the world, from prisons to homeless shelters to churches and concert halls. She has a particular heart for Ireland, where she hosts a daily inspirational radio broadcast on UCB Ireland.



REGISTER ONLINE OR LOOK FOR SIGN UP SHEETS – BOOKS WILL BE PROVIDED

<https://www.eventbrite.com/e/40-day-journey-of-transformation-tickets-117759272153>
(*\$10 Donation Accepted*)

September 13 th at 12:15pm	Sanctuary to Sanctuary Prayer Walk (starting at Grace)
September 14 th	Begin Reading "Everything Can Change in 40 Days"
October 25 th	Wrap Up Celebration with author/musician Jean Watson!

Rules for Entering Church Buildings

The Book of Discipline of the United Methodist Church, 2016 edition, charges the Board of Trustees with the supervision, oversight, and care of all property owned by the Church and shall develop a list of rules and conditions for entry into and continued presence in church facilities, following guidelines provided by the CDC, State and Local officials.

These are the rules and conditions that apply:

a. No person may enter church property if they are experiencing symptoms of COVID-19 or have experienced symptoms of COVID-19 within the past 72 hours. Such symptoms include, but are not limited to chills, shortness of breath, dry cough, sore throat, or a fever of 100.4 degrees or higher;

b. No person may enter church property if they know that they, in the past 14 days have been in contact with an individual who is either a presumed positive or has tested positive for COVID-19;

c. Any person who has been on church property and either (1) develops symptoms of COVID-19 within 14 days of their presence on church property or (2) learns that they have had contact with an individual who is either a presumed positive or has tested positive for COVID-19 and has been present on church property within 14 days after such contact must immediately notify one of the following: Pastor Pettit (pastorpettit@gmail.com), Michelle Gregori (trustee@stpaulscambridge.com), or Toni Insley (info@stpaulscambridge.com).

d. Every person on church property must regularly wash hands using CDC recommended hand washing procedures throughout their stay on church property or utilize liquid hand-sanitizer that is brought from home or provided by the church.

e. Every person on church property shall wear a mask or face covering at all times. Reasonable exceptions may be provided for small children and individuals with medical conditions whose doctors have advised against wearing a mask of face covering;

f. All individuals on church property shall comply with social distancing procedures, including but not limited to avoiding contact (i.e. handshaking, hugging, etc.) with and maintaining a 6 feet distance between themselves and individuals outside of their family or other individuals, with whom they reside;

g. All individuals on church property shall submit to have their temperature taken, **upon request**, to ensure that they do not have a temperature above 100.4 degrees.

In addition, if the state issues an emergency order, this will supersede any restriction listed above.



Backyard Meet & Greets



We are looking for 3-4 people to volunteer their backyards on Wednesdays in July to meet Pastor Chris Pettit. Gatherings of 15-20 people will allow Pastor Chris to get to know us more quickly. Social distancing and mask protocols will be in effect. Each gathering will take place from 5:30-7:30pm. Anyone interested can call Betsy Malkus at 410-330-3919.

Health Ministry News



HEALTH TIPS--SUMMER SAFETY

SUNBURN--even one blistering sunburn significantly raises risk of melanoma. Slip on a shirt, slap on sunscreen with SPF of 15 or more 30 min before going out, wear sunglasses with UVA,UVB protection.

BITES FROM MOSQUITOS AND TICKS--most ticks harmless, deer ticks can cause Lyme disease. Mosquitos can transmit West Nile virus. Use insect repellent with DEET. Bounce fabric softener tucked in waistband wards off mosquitos. Check self and children for ticks before bedtime; a tick usually has to be on the skin for 36 hours to transmit disease.



HEAT ILLNESS--thirst, fatigue, cramps in legs and abdomen. Can progress to heat stroke with dizziness, headache, nausea, rapid heartbeat, vomiting, decreased alertness. Need emergency treatment.

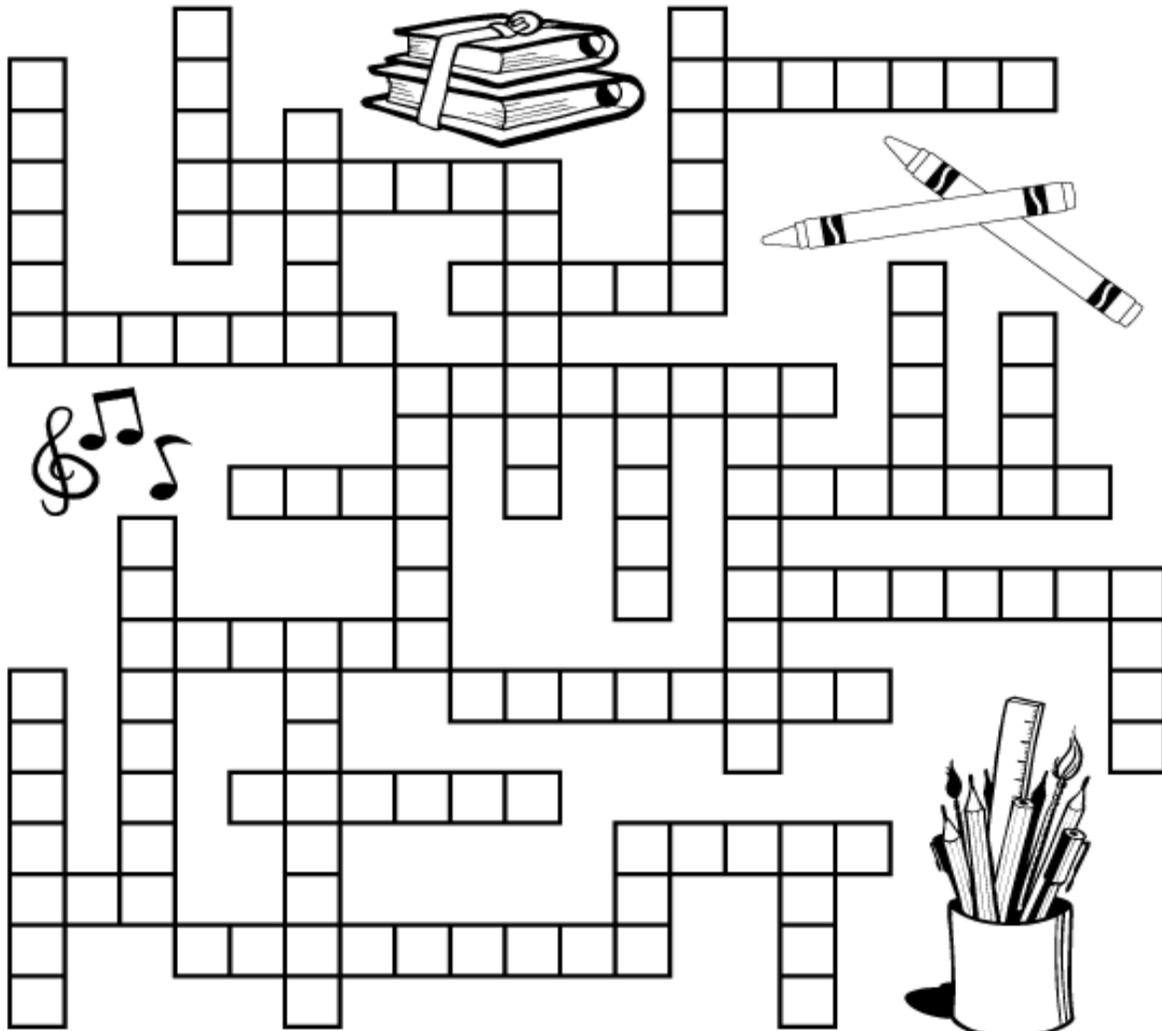


HEALTH TIPS--LYME DISEASE

- Now **prevalent** in all **east coast** states.
- Caused by bite from **deer tick**.
- Causes **flu-like symptoms**. **Bulls eye rash** may or may not be present.
- Treated with **amoxicillin and tetracycline** for 10-21 days.
- If treated early, **80% recover** fully.
- If **untreated**, Lyme Disease can cause **permanent damage** to **heart, nervous system and joints**.
- **Prevention:** Wear long sleeves, light in color when in wooded areas and tall grass. Spray clothes with tick repellent with DEET. Shower and shampoo and check for ticks. Remove ticks with tweezers, pull straight out. Tick usually has to be on skin 36 hours to transmit disease. See doctor if flu-like symptoms occur.



BACK TO SCHOOL



3 letter words

Art
Gym

4 letter words

desk
glue
kids
Math

5 letter words

learn
lunch
Music
paper
ruler
grade

6 letter words

eraser
lesson
pencil
recess
school

9 letter word

classroom

7 letter words

crayons
library
numbers
reading
student
teacher

8 letter words

alphabet
backpack
calendar
notebook
scissors
spelling

Tree Valley Academy

Upcoming Calendar

30 8:45am Fellowship 9:15am Worship Service w/Holy Communion in Sanctuary	31	Sept. 1	2	3 4:30pm SPRC Meeting in Fellowship Hall	4	5
6 8:45am Fellowship 9:15am Worship Service w/Holy Communion in Sanctuary	LABOR DAY Church Office Closed	8 6pm Trustees Meeting in Fellowship Hall	9	10	Relay For Life Event at Sailwinds	12 8am Food Pantry Registration in Sailwinds Parking Lot 9-11am Drive-Thru Food Pantry in St. Paul's Parking Lot
13 8:45am Fellowship 9:15am Worship Service w/Holy Communion in Sanctuary 12:15pm Sanctuary to Sanctuary Prayer Walk	14 Begin Reading Daily Devotional "Everything Can Change in 40 Days"	15	16 10am "Everything Can Change in 40 Days" ZOOM Meeting	17 4:30pm SPRC Meeting in Fellowship Hall 6pm "Everything Can Change in 40 Days" ZOOM Meeting	18	19
20 8:45am Fellowship 9:15am Worship Service w/Holy Communion in Sanctuary	21	22	23 10am "Everything Can Change in 40 Days" ZOOM Meeting	24 4:30pm SPRC Meeting in Fellowship Hall 6pm "Everything Can Change in 40 Days" ZOOM Meeting	25	26

Have a safe and blessed week!



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