

# INSIDE WORSHIP JULY 26, 2020!

9:15AM WORSHIP SERVICE IN SANCTUARY

ATTENDEES MUST BRING AND WEAR YOUR OWN MASKS



**St. Paul's United Methodist Church  
205 Maryland Ave.  
Cambridge, Maryland**

***Invite a friend – Let's come together!***

***St. Paul's Newsletter***

**Sunday, July 26, 2020**

*Guided by God's love, our purpose is to make disciples of Jesus Christ through the Nurture, Outreach and Witness ministries, and to obey the commands of God.*

If you have an e-mail address and would like to receive our newsletter electronically, please let us know at [info@stpaulscambridge.com](mailto:info@stpaulscambridge.com)

**2020 COMMITTEE & CONTACT INFORMATION**

Pastor: Rev. Chris Pettit ([pastor@stpaulscambridge.com](mailto:pastor@stpaulscambridge.com))  
Administrative Council Chairperson: Anne Murphy ([awmurphy78@yahoo.com](mailto:awmurphy78@yahoo.com))  
Board of Trustees Chairperson: Michelle Gregori ([trustee@stpaulscambridge.com](mailto:trustee@stpaulscambridge.com))  
Finance Committee Chairperson: Fred Redmer ([treasurer@stpaulscambridge.com](mailto:treasurer@stpaulscambridge.com))  
Communications Team: [communications@stpaulscambridge.com](mailto:communications@stpaulscambridge.com)  
Staff/Pastor-Parish Relations Committee Chairperson: Betsy Malkus  
([betsy\\_malkus@yahoo.com](mailto:betsy_malkus@yahoo.com))  
Outreach Ministries: [info@stpaulscambridge.com](mailto:info@stpaulscambridge.com)  
Memorial Fund Chairperson - Scott Daniels (443-521-4577)  
Membership Chairpersons: Toni Insley ([info@stpaulscambridge.com](mailto:info@stpaulscambridge.com))  
Health Ministries Chairperson: Dot Bradshaw (443-225-5394)  
United Methodist Men President: Don Kinnamon (410-463-1193)

**Church Office Hours: Monday – Friday, 10 am – 2 pm**  
**Pastor’s Office Hours: Monday & Thursday – Other times by appointment**  
***There is no house phone at the parsonage. To contact Pastor Chris, call 410-739-4364***



**Prayer List**

Becky Tall	Lucy Willey	Robert Baur	Our Service Workers
Jane Robinson	Rita & Joe Harkins	Beth Hurley	Our Schools
Family of Evelyn Alcorn	Billy Wright	David Thomas, Sr.	Those needy
Cliff Pritchett	Charlotte Willey	Verla Bowser	Our pastors
Bob & Betty Lloyd	Pat Aaron	Nancy Kreek	Our church
Robert Hodge	Jesse Hurley	Marilyn Carr	
Bryan & Leslie Moore	Phillip Rogers	Families	
	Ron Potter	Unsaved loved ones	

***If anyone would like a visit from clergy, please contact the church office.***

Number My Days  
By Pastor Chris

Let me begin by thanking everyone for the birthday greetings I received this week – I appreciated the kind words and thoughts. I share my birthday with my father, and with him overcoming some health issues and a heart surgery this past year, I am truly grateful to celebrate one more birthday with him.

I was curious this week on what the Bible says about birthdays and how the ancient people celebrated these occasions. After some digging around, I found out that the Bible says very little about the celebration of a birthday. There are two instances in the Old Testament, one describes Pharaoh's birthday (Genesis 40:20) and the other describes the birthday celebrations of Job's sons (Job 1:4), keeping in mind that Job was described as one of the greatest and wealthiest men in the East at that time. And we find two in the New Testament – both describing the same event, the celebration of King Herod's birthday (Matthew 14:6). This led me to do a quick search on the history of birthday celebrations which helped explain the limited mentions in Bible. Birthday celebrations seem to have begun with the Egyptians, but only in the celebration of the Pharaohs. The Egyptians believed that when a person was crowned king, they were transformed into divine beings. This became a day of celebration, the birth of a god, and so it was likely that Pharaoh's birthday party in Genesis is describing his coronation date. Due to Job's great wealth and status at the time, the celebration of his sons birthdays with a feast seems to have been a thanksgiving to God for blessing him (Job would also give a sacrifice afterwards to cover any sins his children may have committed while partying – not a bad idea!) While King Herod was not considered a god among the Jewish people, he was a powerful man with political prowess, so he threw himself a party and invited "high officials and military commanders" for a time of revelry.

I also found out it was the Greeks who were the first to hold a celebration with cake and candles! This was done in tribute to the goddess Artemis (mentioned in Acts 19), not for birthdays – they would bake moon shaped cakes and the glow of the candles was meant to "recreate the radiance of the moon and her perceived beauty."\* It was the Romans who first began celebrating the birthdays of the common man (not women, that would take another 12 centuries.) For the first couple hundred years of the Church, Christians did not celebrate birthdays due to its ties to pagan celebrations. The celebration of Christmas to commemorate the birth of Christ began sometime in the 4<sup>th</sup> Century. Our modern-day birthday party celebrations come from the Germans and their celebration of *Kinderfeste* with cake and candles for each year of life.

Even though the Bible does not make a big deal out of birthdays, it does celebrate the gift of life every day and reminds us of the One who created us, the plans He has for us, and the blessings of living in right relationship with Him.

Numbers 6:24-26 "The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace."

James 1:17 "Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change."

Psalms 91:11 "For he will command his angels concerning you to guard you in all your ways."

Jeremiah 29:11 “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Psalms 90:12 “So teach us to number our days that we may get a heart of wisdom.”

So my birthday wish, better yet, my prayer, is that each of us would learn to number our days, remember that each day is a gift, and that we would each seek to please the One who holds eternity in His hands. Grant us wisdom Lord, Amen.

\* “This is Why You Get To Celebrate Your Birthday Each Year”, Todd Van Luling, HuffPost.com, 11/2013

## Rules for Entering Church Buildings

The Book of Discipline of the United Methodist Church, 2016 edition, charges the Board of Trustees with the supervision, oversight, and care of all property owned by the Church and shall develop a list of rules and conditions for entry into and continued presence in church facilities, following guidelines provided by the CDC, State and Local officials.

These are the rules and conditions that apply:

a. No person may enter church property if they are experiencing symptoms of COVID-19 or have experienced symptoms of COVID-19 within the past 72 hours. Such symptoms include, but are not limited to chills, shortness of breath, dry cough, sore throat, or a fever of 100.4 degrees or higher;

b. No person may enter church property if they know that they, in the past 14 days have been in contact with an individual who is either a presumed positive or has tested positive for COVID-19;

c. Any person who has been on church property and either (1) develops symptoms of COVID-19 within 14 days of their presence on church property or (2) learns that they have had contact with an individual who is either a presumed positive or has tested positive for COVID-19 and has been present on church property within 14 days after such contact must immediately notify one of the following: Pastor Pettit (pastorpettit@gmail.com), Michelle Gregori (trustee@stpaulscambridge.com), or Toni Insley (info@stpaulscambridge.com).

d. Every person on church property must regularly wash hands using CDC recommended hand washing procedures throughout their stay on church property or utilize liquid hand-sanitizer that is brought from home or provided by the church.

e. Every person on church property shall wear a mask or face covering at all times. Reasonable exceptions may be provided for small children and individuals with medical conditions whose doctors have advised against wearing a mask or face covering;

f. All individuals on church property shall comply with social distancing procedures, including but not limited to avoiding contact (i.e. handshaking, hugging, etc.) with and maintaining a 6 feet distance between themselves and individuals outside of their family or other individuals, with whom they reside;

g. All individuals on church property shall submit to have their temperature taken, **upon request**, to ensure that they do not have a temperature above 100.4 degrees.

In addition, if the state issues an emergency order, this will supersede any restriction listed above.



# Health Ministry News

## WEARING A MASK: MYTHS AND FACTS

MYTH: Cloth masks don't protect you.

FACT: Cloth masks are effective in protecting you from circulating droplets as well as protecting others from your droplets.

MYTH: Masks can cause CO2 build-up.

FACT: Properly fitted masks offer adequate airflow while still covering your nose and mouth. However, people with breathing problems, children under 2, and those who can't remove the mask without assistance should not wear one.

MYTH: The way you wear a mask is not important.

FACT: According to the CDC, a cloth face mask needs to have the following:

1. Cover both nose and mouth.
2. Fit snugly but comfortably.
3. Be secured with ties or ear loops.
4. Have multiple layers of fabric.
5. Allow for unrestricted breathing.
6. Able to be laundered and dried without damage or shape changes.



MYTH: You only need to wear a mask if you feel sick.

FACT: Many people with the virus show no symptoms.

MYTH: If you've had coronavirus, you don't need a mask.

FACT: Having had coronavirus may not confer immunity. You could get it again.

MYTH: You don't need to wear a mask outside.

FACT: When you can't maintain a distance of six feet from others—such as passing someone on a sidewalk or eating out at a restaurant—you need a mask.

MYTH: If I'm wearing a mask, I don't need to stay home.

FACT: Masks are just one strategy in a toolbox of prevention measures. They are not foolproof. Stay home when you can.

Source: University of Maryland Medical System



### Backyard Meet & Greets



We are looking for 3-4 people to volunteer their backyards on Wednesdays in July to meet Pastor Chris Pettit. Gatherings of 15-20 people will allow Pastor Chris to get to know us more quickly. Social distancing and mask protocols will be in effect. Each gathering will take place from 5:30-7:30pm. Anyone interested can call Betsy Malkus at 410-330-3919.



### NEED MEDICAL EQUIPMENT?

As many of you know, Health Ministries keeps a supply of donated medical equipment for loan to anyone within or outside the church. Available are wheelchairs, walkers, rollators, bedside commodes, shower chairs, crutches and a variety of small items, but nothing hydraulic, too heavy to get up the stairs, or difficult to clean like respiratory equipment.

If you want to donate or borrow anything, please contact:

Judy Harding 410-463-4204  
mrsweeble21613@gmail.com

Darcy Harding 410-463-1514

Jennifer Grier 410-829-3184  
[jennifer.grier@comcast.net](mailto:jennifer.grier@comcast.net)

### Food Pantry Update

Our next Food Pantry date is Saturday, August 8, 2020. We will be holding a drive through food disbursement from 9 am until 11 am in the parking lot at St. Paul's UMC. Registration is to begin at 8 am in the parking lot of Governors Hall, at the end of Hayward St. We can use your help even if your time is limited! Helpers for set-up are asked to arrive at St. Paul's by 7:00 am.

Anyone arriving for food is asked to bring their own boxes.

Thank you for all your help!

Remember masks, keep clean hands, and social distancing!

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07-13-2015

NICE WORK

# Summer Fun

## Summer Time

1 Parrot 2 Watermelon 3 Whale  
4 Bird 5 Palm 6 Airplane 7 Sunscreen  
8 Cocktail 9 Skydiving 10 Sun

### Summer Activities Word Scramble!

NGIDGNARE

WMNMGISI

INGIKH

IKNGIB

KNICCGIINP

LPGINAY

SRGTAANIGZ

KWGLIAN

NSHFIGI

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## Upcoming Calendar

26 <b>8:45am</b> Coffee & Fellowship <b>9:15am</b> Worship Service w/Holy Communion in Sanctuary <b>10:15-10:45am</b> Pastor's Fellowship w/St. Paul's UMC	27	28	29	30	31	<b>Aug. 1</b>
2 <b>8:45am</b> Coffee & Fellowship <b>9:15am</b> Worship Service w/Holy Communion in Sanctuary	3 <b>6pm</b> Trustees Meeting in Fellowship Hall	4	5	6	7	8 <b>9-11am</b> Drive-Thru Food Pantry in Church Parking Lot
9 <b>8:45am</b> Coffee & Fellowship <b>9:15am</b> Worship Service w/Holy Communion in Sanctuary	10	11	12	13	14	15
16 <b>8:45am</b> Coffee & Fellowship <b>9:15am</b> Worship Service w/Holy Communion in Sanctuary	17	18 <b>6pm</b> Joint Church Council Meeting w/Grace UMC in Fellowship Hall	19	20	21	22

*Have a safe and blessed week!*



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